

KNEE REPLACEMENT SURGEONS - 2025

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DR ANIMESH KUMAR

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*Through this Award, we acknowledge and applaud the healthcare professional's myriad care & treatment services, and their ingenuity to leverage the best practices in presenting unique methodologies to address complex healthcare demands.*

*Mandvi Singh*

MANDVI SINGH  
Managing Editor

# DR ANIMESH KUMAR



## A Surgeon Defined by Precision, Passion, & Progress



Dr Animesh Kumar,  
Orthopedic & Joint Replacement Surgeon

The landscape of orthopedic treatment in India has undergone a remarkable transformation in recent years, fueled by advancements in technology and improved patient outcome measurement. As knee and hip replacements become increasingly common in clinical practice, the demand for surgeons skilled in specialized procedures with precision is at an all-time high. At the forefront of this revolution is Dr Animesh Kumar, a veteran orthopedic and joint replacement surgeon known for his meticulous nature, technical expertise, and unwavering commitment to a patient-first approach.

With nearly two decades of relentless dedication to the field of orthopedics, particularly in hip and knee replacement surgery, Dr Kumar practices at some of Mumbai's most prestigious institutions, including Jaslok Hospital, Criticare Asia Group of Hospitals, SevenHills Hospital, and Nanavati Hospitals. His expertise spans routine, revision, high-risk, and complex deformity replacements, and he has earned recognition for delivering consistent, exceptional outcomes. His practice is built on a foundation of empathy, scientific rigor, and a philosophy that balances surgical brilliance with long-term patient recovery.

### Academic Excellence & Specialized Training

Dr Kumar's academic background reflects his commitment to clinical excellence. He completed his MBBS at the renowned Nair Hospital in Mumbai and pursued post-graduate education at Calcutta Medical College. To further hone his skills, Dr Kumar completed a fellowship in joint replacement surgery in Mumbai and an advanced

MCh in Hip and Knee Surgery in the UK. His residency at Wrightington Hospital, the world-renowned "Mecca of Hip Surgery", significantly sharpened his surgical skills and confidence in tackling complex cases. "This exposure gave me the confidence to approach even the most complicated joint surgeries", he says.

### A Protocol-Driven, Patient-Centered Approach

Dr Kumar's primary focus is on primary and revision hip and knee replacements, with a particular emphasis on treating patients with challenging comorbidities or deformities. One of the hallmark features of his practice is a strict adherence to individualized surgical protocols, ensuring consistent and reproducible results across a wide variety of cases. His extensive training and experience, bolstered by exposure to numerous mentors, enable him to achieve optimal outcomes in every procedure.

Dr Kumar's approach to patient care is holistic, beginning long before surgery and extending well beyond discharge. He takes extra effort in preparing Indian patients, who often delay surgical intervention until their conditions have significantly worsened. Through detailed preoperative sessions, he evaluates each patient's readiness to engage in the post-surgical recovery process. "Surgery is just one-third of the treatment. The other two-thirds depend on the patient's active participation in physiotherapy and recovery", he explains.

Supporting him is a well-trained, responsive team that ensures continuous patient engagement throughout the treatment process. From pre-surgical consultations to post-operative care, his team remains accessible to

address even the smallest concerns, helping prevent minor complications from escalating. "A positive mindset is the key to recovery. We ensure our patients feel supported every step of the way", Dr Kumar says.

### Embracing Technological Advancements for Superior Outcomes

Dr Kumar is committed to staying at the forefront of global orthopedic advancements. Working in leading multispecialty hospitals exposes him to a competitive, information-driven environment, where patients often come equipped with extensive research seeking cutting-edge treatments. To meet these expectations, Dr Kumar continually updates his skills through workshops, international fellowships, and collaborations with global experts.

A firm believer in the power of technology, Dr Kumar has embraced robotic knee replacement, which has revolutionized his practice. With robotic planning and execution, he can perform surgeries with unparalleled precision, minimizing tissue trauma, shortening recovery times, and extending the lifespan of implants. "With robotics, surgeries are now patient-specific. Every knee is unique and deserves a customized approach", he notes.

“Joint replacement isn't just a procedure, it's a journey, so choose a surgeon who walks it with you”

### Research & Knowledge Sharing

Research is another cornerstone of Dr Kumar's practice. He has made substantial contributions to peer-reviewed publications, including a winning presentation in England on minimizing blood loss with tranexamic acid in knee

replacement surgery. "When your peers recognize your work, it reinforces that you're on the right path", he says. Beyond his own research, Dr Kumar is passionate about sharing evidence-based practices and contributing to the orthopedic community as an editor and reviewer for leading journals. He also offers advice to aspiring orthopedic surgeons, "Take your time. Don't rush into practice after post-graduation. Learn from multiple mentors, observe their mistakes, and invest in quality fellowships. The foundation you build early on will define your success".

### Looking Ahead: A Vision for the Future

Looking toward the future, Dr Kumar envisions an orthopedic practice that is increasingly research-driven and technologically advanced. One of his key goals is to compile and publish a five-year outcome study on robotic-assisted knee replacements, contributing valuable data to the global orthopedic community. He also plans to take on more mentorship roles and explore leadership positions in academic and clinical boards. Despite his busy professional life, Dr Kumar acknowledges the importance of work-life balance, an area he is still working to perfect. "Even the simplest surgery affects you on a subconscious level. You're always thinking, planning, preparing", he admits.

